

MARLBOROUGH YOGA

Marlborough Yoga • Marlborough, MA 01752
www.marlbroughyoga.com

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September 2024 Classes

All classes are virtual, on-line

<https://us02web.zoom.us/j/5088875495?pwd=TDJJCUI3TitiS0IzNi9LYXB2Rno3dz09>

***** Beginner/Continuing Classes *****

Sundays 5:30-7:00 pm, on September (No class 1), 8, 15, 22, (No class 30) (Session Fee **\$57.00**)

Tuesdays 10:00-11:30 am, on September 3, 10, 17, 24 (Session Fee **\$76.00**)

Tuesdays 6:00-7:30 pm, on September 3, 10, 17, 24 (Session Fee **\$76.00**)

Wednesdays 9:30-11:00 am, on September 4, 11, 18, 25 (Session Fee **\$76.00**)

Fridays 10:00-11:30 am, on September 6, 13, 20, 27 (Session Fee **\$76.00**)

Drop-in Fee is **\$23.00** for any of the above classes

Special Offer
Unlimited access – Fee \$140.00

Make the checks payable to “Marlborough Yoga” and send them to the administrative address:
17 Long Dr., Marlborough, MA 01752

Venmo (www.venmo.com/MarlboroughYoga) payment option available

***** Free Programs *****

Yoga Philosophy Discussion Group – Tuesday 11:45am-12:30pm, on September 17

<https://us02web.zoom.us/j/83884927650?pwd=a1JQbWx3N3FreGpneFdUN3NNYWxtZz09>

Shavasana and Ujjayi Pranayama by Caroline - Thursdays 5:00-5:30 pm,
on September 5, 12, 19, (No class 26).

<https://us02web.zoom.us/j/577803361?pwd=aHBMMkFCWVFzUUFSeHdSYkU4Z2phQT09>



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